MORNING MOO'S® LOW FAT MILK ALTERNATIVE (18 cans) Nutrition Facts Serving Size: 2 Tbsp (17g) Dry Servings Per Container: 93 Amount Per Serving Calories 70 Calories from Fat 20 % Daily Value* Total Fat 2.5g 4% Saturated Fat 2g 10% Trans Fat 0g Cholesterol Omg 0%	HARD WHITE WHEAT (30 cans) Nutrition Facts Serving Size: 1/4 Cup (43g) Dry Servings Per Container: 51 Amount Per Serving Calories 140 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0%	ELBOW MACARONI (6 cans) Nutrition Facts Serving Size: 1/2 Cup (54g) Dry Servings Per Container: 26 Amount Per Serving Calories 200 Calories from Fat 10 % Daily Value* Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0%	Jacob Total #10 Can LONG GRAIN WHITE RICE (64 cans) Nutrition Facts Serving Size: 1/4 Cup (47g) Dry Servings Per Container: 47 Amount Per Serving Calories 170 Calories from Fat Company Value Total Fat Og O% Saturated Fat Og O% Trans Fat Og Cholesterol Omg O%
Total Carbohydrate 8g 3% Dietary Fiber 0g 0% Sugars 1g Protein 3g Vitamin A 8% • Vitamin C 0% Vitamin D 25% • Riboflavin 4% Calcium 10% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Sweet whey, creamer (coconut oil, corn syrup soilids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, polysorbate 80, sodium sillicoaluminate, tetrasodium pyrophosphate, soy ecithin), nonfat milk, sugar, guar gum, vitamin A, vitamin D. Contains allergens: Milk and soy.	Sodium 15mg 1% Total Carbohydrate 31g 10% Dietary Fiber 6g 23% Sugars 2g Protein 6g Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Hard white wheat berries. Contains allergens: Wheat.	Sodium Omg Total Carbohydrate 40g Dietary Fiber 2g Sugars 2g Protein 7g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 50% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid. Contains allergens: Wheat.	Sodium Omg Total Carbohydrate 37g Dietary Fiber Og Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg 70tal Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice.
COUNTRY FRESH® 100% INSTANT NONFAT DRY MILK (8 cans) Nutrition Facts Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 70 Calories from Fat 0 % Daily Value* Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber Og 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 20% Calcium 35% Iron 0% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 209 25g Cholesterol Less than 200g 25g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Nonfat dry milk, vitamin A palmitate, vitamin D3. Contains allergens: Milk.	HONEY WHITE BREAD, SCONE & ROLL MIX (4 cans) Nutrition Facts Serving Size: 1/4 Cup (33g) Dry Servings Per Container: 49 Amount Per Serving Calories 120 Calories from Fat 15 % Daily Value* Total Fat 1.5g 2% Saturated Fat 0g 1% Trans Fat 0g Cholesterol 5mg 1% Sodium 270mg 11% Total Carbohydrate 23g 8% Dietary Fiber less than 1g 3% Sugars 2g Protein 4g Vitamin A 0% Vitamin C 0% Calcium 2% Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, nonfat dry milk, salt, refinery syrup, honey, whole eggs (whole eggs, sodium silicoaluminate [as an anitcaking agout, malted barley flour, niacin, iron, ascorbic acid, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, pBR-FD [wheat flour, ascorbic acid, thiamine mononitrate, riboflavin, folic acid], PBR-200DF [yeast, enzymes, soybean oil], PBR-FD [wheat flour, ascorbic acid, thiamine mononitrate, enzymes], lecithin powder [liquid lecithin, soy flour, dolomite]). Contains allergens: Soy, milk, eggs, and wheat.	WHOLE EGGS (8 cans) Nutrition Facts Serving Size: 2 1/2 Tbsp (13g) Dry Servings Per Container: 71 Amount Per Serving Calories 70 Calories from Fat 45 % Daily Value* Total Fat 5g 8% Saturated Fat 1.5g 8% Trans Fat 0g Cholesterol 215mg 72% Sodium 90mg 4% Total Carbohydrate 0g 0% Sugars 0g Protein 6g Vitamin A 6% Vitamin C 0% Calcium 2% Iron 6% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Filber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Whole eggs, sodium silicoaluminate (as an anticaking agent). Contains allergens: Eggs.	FREEZE DRIED SWEET CORN (5 cans) Nutrition Facts Serving Size: 1/2 Cup (199) Dry Servings Per Container: 23 Amount Per Serving Calories 70 Calories from Fat 5 % Daily Value Total Fat 19 2% Saturated Fat 09 0% Trans Fat 09 Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 13g 4% Dietary Fiber 2g 8% Sugars 0g Protein 2g Vitamin A 2% Vitamin C 8% Calcium 0% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Freeze-dried corn.
PINTO BEANS (2 cans) Nutrition Facts Serving Size: 1/2 Cup (86g) Dry Servings Per Container: 26 Amount Per Serving Calories 300 Calories from Fat 0	BUTTER POWDER (1 can) Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 204 Amount Per Serving Calories 35 Calories from Fat 30 % Daily Value* Total Fat 3.5g 5% Saturated Fat 2g 11% Trans Fat 0g Cholesterol 10mg 3% Sodium 45mg 2% Total Carbohydrate 1g 0% Dietary Fiber 0g 0% Sugars 1g Protein 1g Vitamin A 4% Vitamin C 0% Calcium 2% Iron 0% 'Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Butter (cream, water, salt), nonfat milk, tocopherols, ascorbyl palmitate. Contains allergens: Milk.	CHOCOLATE MORNING MOO'S® LOW FAT MILK ALTERNATIVE (4 cans) Nutrition Facts Serving Size: 3 1/2 Tbsp (35g) Dry Servings Per Container: 57 Amount Per Serving Calories 140 Calories from Fat 35 % Daily Value* Total Fat 3.5g 6% Saturated Fat 3.5g 16% Trans Fat 0g Cholesterol Omg 0% Sodium 170mg 7% Total Carbohydrate 26g 9% Dietary Fiber less than 1g 3% Sugars 21g Protein 2g Vitamin A 10% Vitamin C 0% Vitamin D 25% Riboflavin 2% Calcium 6% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Sugar, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, polysorbate 80, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, mono and diglycerides, polysorbate 80, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, mono and diglycerides, polysorbate 80, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, gondum silicoaluminate, tetrasodium pyrophosphate, sugar, mono and diglycerides, polysorbate 80, sondum silicoaluminate, tetrasodium pyrophosphate, sugar, gondum	CREAMY POTATO SOUP MIX (4 cans) Nutrition Facts Serving Size: 1/3 Cup (49g) Dry Servings Per Container: 33 Amount Per Serving Calories 200 Calories from Fat 70 % Daily Value Total Fat 7g 11% Saturated Fat 4g 19% Trans Fat 0g Cholesterol Omg 0% Sodium 1010mg 42% Total Carbohydrate 32g 11% Dietary Fiber 1g 5% Sugars 3g Protein 3g Vitamin A 2% • Vitamin C 10% Calcium 2% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 40 INGREDIENTS: Creamer (maltodextrin, palm oil), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), potato dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy portein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium, guicon dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy portein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium, guicon dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy portein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guicon dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy portein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guicon dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy portein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium inosinate, disodium inosinate, disodium inosinate, disodium inosinate, disodium inosinate, disod
APPLE DELIGHT DRINK MIX (3 cans) Nutrition Facts Serving Size: 2 Tbsp (25g) Dry Servings Per Container: 103 Amount Per Serving Calories 100 Calories from Fat 0 % Daily Value* Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 24g 8% Dietary Fiber Og 0% Sugars 24g Protein Og Vitamin A 0% • Vitamin C 150% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Laramel color, sodium benzoate), citric acid, orditinci alple flavor (maltodextrin, natural lavors [apple juice solids and natural flavors], aramel color, sodium benzoate), citric acid, orditinci alple flavor (maltodextrin, natural lavors [apple juice solids and natural flavors], aramel color, sodium benzoate), citric acid, orditinci alple flavor (maltodextrin, natural lavors), malic acid, caramel color.	BEEF FLAVORED VEGETARIAN MEAT SUBSTITUTE (10 cans) Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 40 Amount Per Serving Calories 90 Calories from Fat 35 % Daily Value* Total Fat 4g 6% Saturated Fat 0.5g 3% Trans Fat 0g Cholesterol Omg 0% Sodium 480mg 20% Total Carbohydrate 7g 2% Dietary Fiber 3g 12% Sugars 2g Protein 11g Vitamin A 0% Vitamin C 0% Calcium 6% Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Textured vegetable protein (soy flour, caramel color, red 3, soybean oil, salt, natural flavoring). Contains allergens: Soy.	POTATO GEMS (3 cans) Nutrition Facts Serving Size: 1/4 Cup (30g) Dry Servings Per Container: 45 Amount Per Serving Calories 110 Calories from Fat 15 % Daily Value* Total Fat 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 520mg 22% Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% Vitamin C 15% Calcium 2% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Potago Galories, canola oil [preserved with sodium bisulficial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk.	QUICK ROLLED OATS (60 cans) Nutrition Facts Serving Size: 1/2 Cup (50g) Dry Servings Per Container: 22 Amount Per Serving Calories 190 Calories from Fat 3C
DEHYDRATED POTATO SHREDS (4 cans) Nutrition Facts Serving Size: 1/2 Cup (31g) Dry Servings Per Container: 21 Amount Per Serving Calories 110 Calories from Fat 5 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 450mg 19%	BLUEBERRY MUFFIN MIX (2 cans) Nutrition Facts Serving Size: 1/4 Cup (39g) Dry Servings Per Container: 40 Amount Per Serving Calories 150 Calories from Fat 25 % Daily Value* Total Fat 2.5g 4% Saturated Fat 1g 5% Trans Fat 0.5g Cholesterol 25mg 8% Sodium 200mg 8%	SHORTENING POWDER (1 can) Nutrition Facts Serving Size: 1 Tbsp (7g) Dry Servings Per Container: 178 Amount Per Serving Calories 50 Calories from Fat 45	HONEY POWDER (1 can) Nutrition Facts Serving Size: 1 Tsp (4g) Dry Servings Per Container: 340 Amount Per Serving Calories 15 Calories from Fat Cook
Total Carbohydrate 24g 8% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 20% Calcium 2% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato shreds (potato, salt, dextrose). Freshness oreserved with sodium bisulfite and BHT.	Total Carbohydrate 29g 10% Dietary Fiber 0g 2% Sugars 15g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 6% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2.400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bleached enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, cake flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), shortening (partially hydrogenated soybean oil), blueberry nuggets (dextrose, partially hydrogenated vegetable oil [Soy bean and cottonseed], bleached enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], citric acid, cellulose gum, maltodextrin, artificial flavors and colors [FD&C Red #40, Blue #1, Blue #2]), powdered sugar, buttermilk solids, whole eggs (whole eggs, sodium silicoalulminate [as an anticaking agent]), sodium acid pyrophosphate, salt, baking soda, egg yolks, vanilla (natural and artificial flavor), xanthan gum, blueberry flavor. Contains allergens: Wheat, milk, eggs, and soy.	Total Carbohydrate 1g 0% Dietary Fiber 0g 0% Sugars 0g Protein 0g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide). Contains allergens: Milk.	Total Carbohydrate 4g 1% Dietary Fiber Og 0% Sugars 4g Protein Og Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Honey powder (refinery syrup, honey), fructose.
DEHYDRATED DICED BELL PEPPERS (RED & GREEN) 1 can) Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 113 Amount Per Serving Calories 15 Calories from Fat O	BACON FLAVORED BITS VEGETARIAN MEAT SUBSTITUTE (10 cans) Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 192 Amount Per Serving Calories 15 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 115mg 5% Total Carbohydrate 1g 0% Dietary Fiber less than 1g 4% Sugars 0g Protein 2g Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Textured vegetable protein (soy flour, caramel color, FD&C Red #3), soybean oil, salt, natural flavoring. Contains allergens: Soy.	FREEZE DRIED SLICED STRAWBERRIES (5 cans) Nutrition Facts Serving Size: 1/2 Cup (10g) Dry Servings Per Container: 18 Amount Per Serving Calories 35 Calories from Fat 5 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Saturated Fat 0g 0% Foolesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 5g 2% Dietary Fiber 2g 8% Sugars 5g Protein 1g Vitamin A 0% • Vitamin C 110% Calcium 2% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Sliced freeze-dried strawberries.	HONEY COATED BANANA SLICES (18 cans) Nutrition Facts Serving Size: 1/2 Cup (42g) Dry Servings Per Container: 22 Amount Per Serving Calories 230 Calories from Fat 140 % Daily Value Total Fat 15g Saturated Fat 14g Sodium Omg Potassium 210mg Godium Omg Potassium 210mg Fotal Carbohydrate 18g Dietary Fiber 2g Sugars 12g Protein Og Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring.
DEHYDRATED POTATO SLICES 9 cans) Nutrition Facts Serving Size: 1/2 Cup (20g) Dry Servings Per Container: 28 Amount Per Serving Calories 70 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% Vitamin C 10% Calcium 0% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite.	TACO FLAVORED VEGETARIAN MEAT SUBSTITUTE (3 cans) Nutrition Facts Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50	FREEZE DRIED WHOLE RASPBERRIES (3 cans) Nutrition Facts Serving Size: 1/2 Cup (10g) Dry Servings Per Container: 22 Amount Per Serving Calories 35 Calories from Fat 0	DEHYDRATED DICED CARROTS (4 cans) Nutrition Facts Serving Size: 1/3 Cup (36g) Dry Servings Per Container: 29 Amount Per Serving Calories 120 Calories from Fat 5 % Daily Value Total Fat 0.5g 1½ Saturated Fat 0g 0½ Trans Fat 0g Cholesterol 0mg 0½ Sodium 100mg 4½ Total Carbohydrate 28g 9½ Dietary Fiber 3g 12½ Sugars 19g Protein 3g Vitamin A 780% Vitamin C 45½ Calcium 8% Iron 8½ *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 300mg 300mg Cholesterol Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,500 30g Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 • Protein 4 INGREDIENTS: Diced dehydrated carrots.
VEGETABLE STEW BLEND 4 cans) Nutrition Facts Serving Size: 1/4 Cup (23g) Dry Servings Per Container: 40 Amount Per Serving Calories 70 Calories from Fat 0	CHOCOLATE FUDGE BROWNIE MIX (2 cans) Nutrition Facts Serving Size: 1/4 Cup (399) Dry Servings Per Container: 45 Amount Per Serving Calories 150 Calories from Fat 15 % Daily Value* Total Fat 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 150mg 6% Total Carbohydrate 32g 11% Dietary Fiber 1g 4% Sugars 18g Protein 3g Vitamin A 0% Vitamin C 0% Calcium 0% Iron 10% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 55g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Sugar, unbleached pastry flour (wheat flour, niacin, reduced iron, thimin mononitrate, riboflavin, folic acid, enzyme), corn syrup solids, dextrose, dutched cocoa (cocoa [processed with alkali]), egg whites (egg whites and less than 0.1 percent sodium lauryl sulfate added as a whipping agent), shortening (partially hydrogenated soybean and cottonseed oil), cocoa, non-iodized salt, powderiedl shortening (mono and digly cerited from the component of the corn starch, wannel flavor (dextrose, dutched cocoa (cocoa [processed with mixed tocopherols, ascorbic acid and citric acid [antioxidants]), wheat starch, vanilla flavor (dextrose, dutched cocoa (cocoa) florocessed with mixed tocopherols, ascorbic acid and citric acid [antioxidants]), whose starch, vanilla flavor (dextrose, dutched cocoa (cocoa) florocessed with mixed tocopherols, ascorbic acid and citric acid [antioxidants]), whose starch, vanilla flavor (dextrose, dutched cocoa), cocoa, non-iodized salt, powdered shortening (mono and digly cerite from the component of the cocoa florocessed with mixed tocopherols, ascorbic acid and citric acid [antioxidants], whose starch, wanilla flavor (dextros	CREAMY WHEAT CEREAL (8 cans) Nutrition Facts Serving Size: 1/4 Cup (50g) Dry Servings Per Container: 36 Amount Per Serving Calories 180 Calories from Fat 5	CHICKEN BOULLION (1 can) Nutrition Facts Serving Size: 1/2 Tsp (2g) Dry Servings Per Container: 921 Amount Per Serving Calories 5 Calories from Fat C
FD BROCCOLI FLORETS & STEMS 2 cans) Nutrition Facts Serving Size: 1/2 Cup (7g) Dry Servings Per Container: 28 Amount Per Serving Calories 20 Calories from Fat 0	BLACK TURTLE BEANS (6 cans) Nutrition Facts Serving Size: 1/4 Cup (46g) Dry Servings Per Container: 49 Amount Per Serving Calories 150 Calories from Fat 0	CHICKEN GRAVY MIX (1 can) Nutrition Facts Serving Size: 1/4 Cup (30g) Dry Servings Per Container: 38 Amount Per Serving Calories 100 Calories from Fat 5	ORANGE DELIGHT DRINK MIX (3 cans) Nutrition Facts Serving Size: 2 Tbsp (26g) Dry Servings Per Container: 99 Amount Per Serving Calories 100 Calories from Fat C % Daily Value Total Fat Og Cholesterol Omg Sodium Omg O% Sodium Omg O% Sugars 24g Protein Og Vitamin A O% • Vitamin C 100% Calcium O% • Iron O% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 3,75g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Sugar, citric acid, natural and artificial orange flavors, sodium citrate, ascorbic acid, FD&C Yellow #6. FD&C get #40.
BLUEBERRY PANCAKE MIX (7 cans) Nutrition Facts Serving Size: 1/2 Cup (79g) Dry Servings Per Container: 19 Amount Per Serving Calories 290 Calories from Fat 20 % Daily Value* Total Fat 2.5g 4% Saturated Fat 1.5g 8% Trans Fat 0g	HONEY WHEAT BREAD & ROLL MIX (2 cans) Nutrition Facts Serving Size: 1/4 Cup (34g) Dry Servings Per Container: 48 Amount Per Serving Calories 120 Calories from Fat 10 % Daily Value* Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g	disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide), yeast extract, chicken flavor (autolyzed yeast extract, maltodextrin, salt, chicken flavor, chicken stock, natural flavor, chicken fat, silicon dioxide [anticaking agent]), creamer (maltodextrin, palm oil), parsley, dehydrated onion, salt, white pepper. Contains allergens: Soy and milk. DEHYDRATED CHOPPED ONIONS (1 can) Nutrition Facts Serving Size: 1 Tsp (3g) Dry Servings Per Container: 217 Amount Per Serving Calories 10 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g	DEHYDRATED APPLE SLICES (4 cans) Nutrition Facts Serving Size: 1/2 Cup (17g) Dry Servings Per Container: 32 Amount Per Serving Calories 60 Calories from Fat C % Daily Value Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og
Cholesterol 15mg 4% Sodium 700mg 29% Total Carbohydrate 56g 19% Dietary Fiber 2g 6% Sugars 11g Protein 7g Vitamin A 0% • Vitamin C 0% Calcium 15% • Iron 25% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 VICAREDIENTS: Ale flour (bleached wheat flour, niacin, iron reduced iron], thiamine mononitrate, riboflavin, olic acid), artificial blueberry bits (dextrose, hydrogenated palm oil, corn flour, artificial lawor, blue #2 lake, red #40 lake), sugar, soy lour, dextrose, buttermilk powder, corn starch, paking soda, sodium acid pyrophosphate, salt, nonocacicum phosphate, whole eggs (whole eggs, odium silicoaluminate [as an anticaking agent]), oybean oil, natural and artificial flavor. Contains allergens: Milk, eggs, soy and wheat.	Cholesterol Omg Sodium 270mg 11% Total Carbohydrate 24g 8% Dietary Fiber 2g 8% Sugars 2g Protein 4g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Unbleached flour (wheat flour, malted barley flour, niacin, iron, thiamine monoitrate, riboflavin, folic acid), whole wheat flour, wheat bran, brown sugar, vital wheat gluten, salt, sugar, soybean oil, nonfat dry milk, honey powder (refinery syrup, honey), dough enhancer (bleached wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamine mononitrate, riboflavin, folic acid), whole eggs (whole eggs, sodium silicoaluminate [as an anticaking agent)), lecithin powder (liquid lecithin, defatted soy flour, dolomite). Contains allergens: Milk, eggs, soy and wheat.	Cholesterol Omg Sodium Omg O% Sodium Omg O% Total Carbohydrate 2g 1% Dietary Fiber Og Negrote Og Vitamin A O% Vitamin C Calcium O% Iron O% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories Calories 2,000 2,500 Total Fat Less than 65g Sodium Less than 300mg Sodium Less than 20g 25g Cholesterol Less than 20g 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Dehydrated onions.	Cholesterol Omg Sodium 65mg 3% Total Carbohydrate 16g 5% Dietary Fiber 2g 8% Sugars 9g Protein Og Vitamin A 0% • Vitamin C 2% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
CHEESE BLEND POWDER (1 can) Nutrition Facts Serving Size: 1/4 Cup (349) Dry Servings Per Container: 43 Amount Per Serving Calories 120 Calories from Fat 25 % Daily Value* Total Fat 2.5g 4% Saturated Fat 1.5g 8% Trans Fat 0g Cholesterol 15mg 4% Sodium 820mg 34% Total Carbohydrate 21g 7% Dietary Fiber 0g 1% Sugars 11g Protein 5g Vitamin A 2% • Vitamin C 0% Calcium 15% • Iron 2% Calories 120 Calories are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 NGREDIENTS: Cheese powder (whey, buttermilk solids, cheeses granular and cheddar (pasteurized milk, cheese ulture, salt, enzymes)], whey protein concentrate, alt, column phosphate, citric acid, FD&C yellow 45, FD&C yellow 46, lactic acid, enzymes), modified corn starch, creamer (maltodextrin, palm sill), silicon dioxide. Contains allergens: Milk.	CHICKEN FLAVORED VEGETARIAN MEAT SUBSTITUTE (8 cans) Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 41 Amount Per Serving Calories 90 Calories from Fat 30	BUTTERMILK PANCAKE MIX (2 cans) Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 15% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Saturated Fat Less than 20g 25g Cholesterol Less than 20mg 375g Dietary Fiber 25g 30mg Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Cake flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), sugar, soybean flour, dextrose, buttermilk powder, baking soda, corn starch, leavening agent (sodium acid pyrophosphate), non-iodized salt, leavening agent (monocalcium phosphate monohydrate), dried eggs (pasteurized whole eggs, less than 2 percent sodium silicoalluminate as an anticaking agent), soybean oil. Contains allergens: Milk, egg, soy and wheat.	SCRAMBLED EGG MIX (2 cans) Nutrition Facts Serving Size: 2 Tbsp (11g) Dry Servings Per Container: 92 Amount Per Serving Calories 60 Calories from Fat 35 % Daily Value Total Fat 4g 6% Saturated Fat 1g 5% Trans Fat 0g Cholesterol 165mg 54% Sodium 85mg 4% Total Carbohydrate 2g 1% Dietary Fiber 0g 0% Sugars 0g Protein 4g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Whole eggs, nonfat dry milk, vegetable oil. Contains allergens: Milk and eggs.
LENTILS (2 can) Nutrition Facts Serving Size: 1/4 Cup (47g) Dry Servings Per Container: 48 Amount Per Serving Calories 100 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 5mg 0% Total Carbohydrate 28g 9% Dietary Fiber 13g 52% Sugars 0g Protein 12g Vitamin A 0% Vitamin C 0% Calcium 0% Iron 20% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 20g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 NGREDIENTS: entils.	DEHYDRATED CROSS CUT CELERY (3 cans) Nutrition Facts Serving Size: 1/4 Cup (14g) Dry Servings Per Container: 36 Amount Per Serving Calories 40 Calories from Fat 5	WHITE GRANULATED SUGAR (2 cans) Nutrition Facts Serving Size: 1 Tsp (4g) Dry Servings Per Container: 595 Amount Per Serving Calories 15 Calories from Fat 0 % Daily Value* Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium Omg 0% Total Carbohydrate 4g 1% Dietary Fiber Og 0% Sugars 4g Protein Og Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	IODIZED SALT (1 can) Nutrition Facts Serving Size: 1/4 Tsp (2g) Dry Servings Per Container: 1474 Amount Per Serving Calories O Calories from Fat Company Saturated Fat Ogmoder Saturated Fat Ogmoder Sodium 790mg 33% Total Carbohydrate Ogmoder Sugars Ogmoder S
DEHYDRATED SPINACH FLAKES (1 can) Nutrition Facts Serving Size: 1/4 Cup (5g) Dry Servings Per Container: 45 Amount Per Serving Calories 10 Calories from Fat O % Daily Value* Total Fat Og O% Saturated Fat Og O% Trans Fat Og Cholesterol Omg O% Sodium 45mg 2% Total Carbohydrate 2g 1% Dietary Fiber less than 1g 2% Sugars Og Protein 2g Vitamin A 10% • Vitamin C 25% Calcium 6% • Iron 8% Calcium 6% • Iron 8% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 20g 25g Cholesterol Less than 20g 25g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Dehydrated spinach.	BROWN SUGAR (1 can) Nutrition Facts Serving Size: 1 Tsp (3g) Dry Servings Per Container: 527 Amount Per Serving Calories 10 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 3g 1% Dietary Fiber 0g 0% Sugars 3g Protein 0g Vitamin A 0% Vitamin C 0% Calcium 0% Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 500mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4	BUTTERMILK BISCUIT MIX (NO LEAVENING) (1 can) Nutrition Facts Serving Size: 1/3 Cup (42g) Dry Servings Per Container: 31 Amount Per Serving Calories 180 Calories from Fat 60 % Daily Value* Total Fat 7g 11% Saturated Fat 1.5g 8% Trans Fat 2g Cholesterol Omg 1% Sodium 250mg 10% Total Carbohydrate 23g 8% Dietary Fiber 3g 12% Sugars 2g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 4% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Unbleached enriched flour (wheat flour, malted bribleached enriched flour (wheat flour, niacin, rion, thiamine mononitrate, riboflavin, folic acid), all purpose shortening (partially hydrogenated soybean oil), butterliki prowder (liquid lecithin, defatted soy flour, dolomite). Contains allergens: Soy, milk, and wheat.	HEARTY VEGETABLE BEEF SOUP MIX (2 cans) Nutrition Facts Serving Size: 1/3 Cup (58g) Dry Servings Per Container: 21 Amount Per Serving Calories 170 Calories from Fat C % Daily Value Total Fat Og Cholesterol Omg Sodium 1200mg 50% Total Carbohydrate 39g 13% Dietary Fiber 5g 21% Sugars 4g Protein 7g Vitamin A 110% • Vitamin C 10% Calcium 2% • Iron 40% "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher of lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80% Saturated Fat Less than 20g 25c Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300 375c Sodium Less than 2,400mg 2,400mg Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain which ferrous sulfate [iron], thiamine mononitrate, riboflavin, folic acid), beef bouillon (bertialsy end), sugar, torula yeast, corn starch, caramel color, maltodextrin, citric acid, silicon dioxide], salt, yeast extract, sugar, caramel color, dehydrated onion, garlic powder), carrot dices, celery slices, chopped onion.
		salt, lecithin powder (liquid lecithin, defatted soy flour, dolomite).	citric acid, silicon dioxide], salt, yeast extract, sugar, caramel color, dehydrated onion, garlic powder), carrot dices, celery slices, chopped
Sodium 1090mg			